



INTERNATIONAL YOUTH DAY

12 AUGUST 2021

“Transforming Food Systems: Youth Innovation for Human and Planetary Health”

#InternationalYouthDay #YouthDay #IYD2021 #Youth4GlobalAction #GWI4Youth



International Youth Day celebrates young peoples’ voice and draws attention to their challenges. This year’s theme, “Transforming Food Systems: Youth Innovation for Human and Planetary Health”, highlights the need to increase global education about healthy and sustainable food options that benefit individuals and the environment and allow youth to make informed food choices. As problems related to food security are especially tangible for young women, Graduate Women International (GWI) highlights their need, through education, to understand local food choices and achieve food security.

DID YOU KNOW?

70%

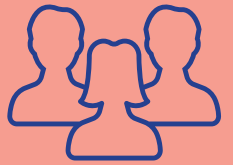
of people facing chronic **hunger** are **women and girls**.



Because of gender inequalities, **young women are adversely affected** by inequalities in terms of access to resources

Decision-making processes

Young people are very little involved in food decision-making processes, and young women are even less involved as they have less access to power. Yet, young women are increasingly sensitive and aware of the related-issues.



Food production

In Africa, women produce 70% of food. Yet, they possess very little part of lands. In Kenya, if they had the same access rights and inheritance as men, the yields would increase by 20%-30%.



Informed choices

Girls tend to access less education although it is the best way to make informed decisions on food choices on the healthiest and most sustainable options for both individuals and the environment.



TIME FOR ACTION!



GWI encourages countries to include young women in policy formulation, implementation, monitoring and assessment related to food sectors.

To contribute adequately to climate-change related issues, GWI stresses the urgent need to give young women the equal access to resources as they counterparts, as well as the same opportunities and learning practical skills



Sources: Action Against Hunger / World Economic Forum / UN

Graduate Women International (GWI)
Empowering women and girls through
lifelong education since 1919.

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